

September 2022



50p

Life



swcd-churches.org.uk



.LIFE MAGAZINE EDITOR

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Articles for the October edition are due by **Sun 11th September**

Editorial Notes

On the last day of July in St Andrews Compton Dundon a good number of the combined congregations from our Benefice were present at the service at which we said farewell to our Ordinand Alison Tolson after a time with us during her training for the ministry. The Churchwardens presented her with a bouquet in appreciation of her work in the Benefice churches, see front cover picture of Alison with our Rector Ana Lawrence.

The whole congregation is pictured on the back cover alongside pictures of the trays of coffee and cakes which St Andrews Church is renowned for.

The coffee at Walton has been upgraded thanks to the addition of a new coffee machine which Sandra is pictured with.

Finally the Sunrise and Sunset pictures are Maisie Day's photos at a youth camp (see page 15).

There are more photos and reports on pages 16 and 17 of recent events at the Mission Church and Rectory, both of which were a great success.

To conclude, a lookback to the '**Parish Magazine**' as it was called in September 1952:

2nd Street Guide Co The 2nd Street (Holy Trinity) Company of Girl Guides resume their winter activities on September 11th 1952. The Patrol Leaders and seconds are having a Court of Honour on September 4th. This term is our first anniversary, and we hope to celebrate it by having some 2nd class Guides. During the summer term we did most of our outdoor work and the rest can be passed in the clubroom. K.J.P. Roger Harmsworth.

Rector's Letter

“a time to plant and a time to uproot” Ecclesiastes chapter 3
verse 2

Dear Friends,

I love this time of year as we see the hot summer gradually turning to the beautiful colours of Autumn. It is also a time of new beginnings. Following the holiday period, schools, colleges and universities will be starting a fresh term whilst many of our local organisations relaunch their programmes.

As a benefice, September is a time when it may feel like we begin again after the quieter holiday weeks. I want to share with you two or three things that are coming up during this month. On the first Sunday, we are launching a new sermon series 'From slavery to freedom' which takes us on a journey and tells the amazing story, from the book of Exodus and beyond, of Israel's escape from Egypt and journey towards the promised land. Yet throughout that journey, as we shall hear, the Israelites were frequently complaining about their present circumstances and harking back to the 'good old days' in Egypt. Just as frequently they were being lovingly reminded by God to, instead, look forward to all he had in store for them in the Promised Land.

Towards the end of September, we will be starting the 6-week discussion course 'RePurpose' perhaps specifically aimed at those who have either retired or are about to retire or who are thinking about what retirement might mean. Retirement can be seen as exciting – a season of opportunity, possibility, and exploration. But it can also be daunting, disorientating, or depressing. Now that I'm retired, who am I? Who might I become? And what will I do?

RePurpose is a chance to explore what Christian retirement might look like and what fresh purpose God might be calling you to in this new season.

And thirdly, whilst we have bid farewell to a few folk over the year, it has been wonderful and exciting to welcome new members to our churches. With now over 20 new people on the 'list' we will be hosting a new members evening on Monday 26th September in the Mission Church at 7pm aimed at those who are new or are feeling new.

My friends, whatever life is holding for you in the coming months, I pray that you will know the God of love which is new every day.

With my love and prayers,
Ana

New member's evening

On Monday 26 September, we will be hosting an evening for all those who are either new, or feeling new, to SWCD Churches.

If you have completed one of our welcome cards in the last few months, you should receive an invitation to come along, but if you haven't and would like to attend, please do contact the church office.

The evening, held in the Mission Church, will give you a chance to meet others and find out a little more about what it means to be part of the church family here at SWCD Churches.

There will be snacks!
Ana

From slavery to freedom, Autumn 2022 sermon series

'Do you remember the good old days?', 'Back in the day we used to...'. 'Things aren't like they were then...'. If you have found yourselves saying, or heard others say phrases like these around church, you are not alone!

Our sermon series this autumn, beginning in September, tells the amazing story, from the book of Exodus and beyond, of Israel's escape from Egypt and journey towards the promised land, a journey from slavery to freedom. Yet throughout that journey, as we shall hear, the Israelites were frequently complaining about their present circumstances and harking back to the 'good old days' in Egypt. Just as frequently they were being lovingly reminded by God to, instead, look forward to all he had in store for them in the Promised Land.

Like the Israelites, we at SWCD Churches are also on a journey. Whilst the summer drought may have felt like we, too, are travelling in a desert. our journey is different. Nonetheless, we too, like them, may often feel that the destination is unclear. Just like the Israelites we are encouraged to look forward rather than looking back, anticipating all that God has in store for us as we travel onwards together.

The series will be followed in each of our churches from September through to the end of November and, if you miss any of the talks, you can listen to them again via a link on our website.

Ana

PS If you want to spend time digging deeper into God's word, praying together and sharing with a smaller group of other Christians during the week, why not consider joining a homegroup this autumn? You can find details of our groups on our web site or on 'Lifeline'.

'One foot in the grave' or 'Repurpose'?

This autumn, beginning on the evening of Wednesday 21 September in the Mission Church, we are running a new, six-week discussion course across SWCD Churches, perhaps aimed specifically at those who either are retired, are about to retire, or who are thinking about what retirement might mean. The course has been developed by the London Institute for Contemporary Christianity and is called 'Repurpose'. It describes itself as follows

Retirement isn't really about retiring.

Stepping back from work to help look after the grandkids – or aging parents. Going out on a high, as you step back from the organisation into which you've poured your heart. Or perhaps being forced to end your career because of poor health.

When we enter our later years and hang up our work boots, many of us face major questions about our identity and purpose. It's exciting – a season of opportunity, possibility, and exploration. But it can also be daunting, disorientating, or depressing. Now that I'm retired, who am I? Who might I become? And what will I do?

The good news is that our identity and purpose as disciples of Jesus don't evaporate when we leave paid employment. In truth, we can continue to live out our God-given vocation in our retirement years: joining in his kingdom work in all the details of daily life. Because he has good work for us to do, wherever we are: offering our expertise to companies and charities, mentoring younger people, studying something new – or simply spending time with others in cafés, gardens, and front rooms.

Designed for small groups of people in or contemplating retirement, RePurpose is a chance to explore what that vocation might look like in your own lives – and what fresh purpose God might be calling you to in this new season.

To find out more or to book your place, please contact the church office. Ana & Kevin Lawrence

We heat, you eat

In response to the well-publicised 'cost of living crisis' that is already affecting many in our communities, we are seeking to respond practically through this initiative.

Recognising that many local people may face stark choices this winter between heating and eating, we will be opening the Mission Church, each Saturday, from 11 am - 3 pm from October 8th.

As well as a warm building, Wi-Fi and comfy chairs, we will be offering a simple hot meal, with guests invited to contribute what they can to cover costs, although there will be no pressure to do so. Space to chat, play games, do homework etc will be on offer, with other activities emerging as they are needed.

Can we ask you to do three things, as we prepare to launch this initiative:

1. Pray for 'we heat, you eat' and all those who it seeks to serve.
2. Consider joining the team. We have space for a few more people to be involved in welcome, hospitality and catering as part of a rota
3. Be looking out for people who may value what we are offering. We plan to advertise this widely in September, but personal recommendation and invitation is always best!

To find out more or to get involved, please contact Ana Lawrence or Diana Greenfield.

Ana Lawrence

Loving God's acre

We are blessed to have beautiful churchyards and grounds around all our church buildings and are grateful to all those who help to keep them looking so wonderful. However, we would really love to have more people joining the teams that maintain them and, if you would be interested in getting involved in this work, in whatever way you can, please have a word with your church warden in the first instance.

Ana Lawrence

Try Celebrate@6

Each month, at 6 pm on the third Sunday of the month, Celebrate @6 offers a time of worship, teaching and ministry in the Mission Church. This informal, relaxed service is open to all, from across the benefice and indeed to people from other local churches. If you have not yet been, why not give it a try this month?

Ana Lawrence

Tea and cake on a Friday afternoon?

This September, I am delighted that we are 'relaunching' our Friday afternoon group in the Mission Church. Meeting monthly for tea and cake, with occasional talks and other activities, look out for more details in 'Lifeline' or on our web site.

Ana Lawrence

Ed. Details of this month's Friday afternoon session can be found on page 15.

Walton Matters

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. 2 Corinthians. 1. Vs 3&4. NIV.

Our next fundraising event will be a car boot sale at Walton village fun day. Bric a brac, jigsaws, books and a host of other things you never realised you needed will be on our stall plus a wonderful Adopt a Soft Toy stall will be attached to us. No-one will go home without a new adopted friend so bring along your children and grandchildren to find out who you have won and each one has its own adoption certificate. Plenty for the older children among us too. This is always such a special day culminating in live music, bar and fireworks in the evening. this will be the first fun day in 2 years due to the pandemic so do come along and join the fun.

As we mentioned in last month's magazine, we were delighted with the news that Andy Savage has passed his final assessment and is a lay reader. Andy will be licensed in the Cathedral on Saturday 1st October at 2.00 and we hope as many as possible will be able to attend this uplifting service and to pray for and support Andy in his role. Andy and Louise have also invited people back to their home for some refreshments after the service.

If you would like to attend, please give them a ring on 210122 to help with catering.

This weekend also is our harvest service which will be 2nd October. Our harvest supper will be on the following Friday 7th in the village hall. Book your tickets early at £10.00 a head as we promise you a delicious supper with love music and entertainment. Sandra Gristock



Flower rota
3rd September. Kath Sully
17th September. Wedding
1st October. Anne Halsted



Stewardship

LEAVING A GIFT TO THE CHURCH IN YOUR WILL

Our churches depend on the regular, generous financial support of the current church family to continue their ministry and mission; but have also hugely benefited from gifts left to them in the wills of previous worshippers who have died.

Many of you will be aware of projects and improvements that have taken place in your church, made possible by a legacy left by a former member; whilst the reserves on which we are currently having to rely because of our budget deficit have been built up over time, in part thanks to such generous gifts in the wills of previous generations. *Continued on Page 10*

Stewardship *continued*

Could you, now, be part of this ongoing story? If you have already made provision for a gift to the church in your will – thank you! However, maybe you have decided to do so, but haven't yet done anything about it, or perhaps it is something you have not previously considered? Is now the time to take the next step? Adding such a gift to your will is quite straightforward. 'Remember a Charity', offers an excellent web site focused on how to leave money to charity in this way, (see <https://www.rememberacharity.org.uk/>), with links and some frequently asked questions. However, if you prefer, please talk to a local solicitor or will writer. You will need to include the full name of your church and the address (use the church office address). Solicitors may also ask you for a charity number, but, as our churches are all 'excepted charities', there is no need to include this.

If you want more details, please have a word with your Church Treasurer. It is possible to leave an unrestricted legacy to the church, relying on the PCC at the time the money is received to decide how best to use the gift, but if you were looking for ideas on specific ways in which your legacy could be used, please have a word with Ana. Please be assured that any such discussions will be treated in the strictest confidence.

Thank you!

Kevin Lawrence

On behalf of the benefice stewardship group.

Compton Dundon News

Church Works

There are many Church works that churchwardens arrange 'behind the scenes,' for example in recent months we have had electrical, fire, lightning conductor, sound system, roof and gutter checks and an organ serviced in St Andrew's, Compton Dundon.

But the more satisfying works are those that are visible and enhance both the safety and appearance of places in and around the church. And of course always good to hear comments from those who have noticed and share their appreciation. Here are a few 'before and after' photos and I'm sure the improvements can be clearly seen. No 'before' toilet photo, but it would not have been one I particularly wanted to publish!

We currently have two exciting projects in progress involving the PCC , congregation and the whole village. These plans will hopefully lead to changes to our bell ringing and to the interior layout of the church. Changes that will have a positive effect on worship both now and well into the future. Moving with the times. Pat King.



BENEFICE CHARITABLE GIVING

FOCUS ON MERCY SHIPS – SIUPPORTED BY ST ANDREWS
COMPTON DUNDON

For communities where medical care is hard to access, what might be a straightforward trip to the doctor or a routine medical procedure in the UK can be difficult, expensive and potentially life threatening if care and facilities are unavailable.

Mercy Ships, (<https://www.mercyships.org.uk/>) is a global Christian charity, with a UK arm, that seeks to address this issue, by operating and offering medical services on board ships, which visit coastal communities in some of the poorest countries in the world, mainly in Africa.

Up to 1,000 volunteer medics and ship's crew a year offer both medical care on board, as well as providing training to local medical professionals in the countries they visit as they aim to improve what is provided locally longer term

You can find more details of their work, together with stories of patients that have been helped, on the charity's web site.

St. Andrews, Compton Dundon are offering support to this charity in 2022, helping to meet the costs of keeping the ships sailing.

Kevin Lawrence

Benefice Charitable Giving Group

A reminder that, each year, we ask members of our congregations to nominate charities that our churches could support, within criteria agreed by the PCC. If you have a charity you would like to nominate for 2023, please watch this space for further details of the process, which we will share later in the year.

DCYC (Devon Christian Youth Camp) 2022

After 2 years of not being able to attend DCYC because of covid, they welcomed us back to camp this year. Throughout the week we did many fun activities including a trip to a waterpark, sports on the beach and a lucky few got to do a beach sleep, no tent was used!

We also had 2 services a day full of worship songs, Bible verses and teaching from our wonderful speaker. On the last full day we had a camper led service which was amazing and a "best of Britain" themed party in the evening.

I am already looking forward to going again next year and seeing what God has to offer to all of the campers to inspire and strengthen the youth of today!

Maisie Day



Friday Afternoon Teas

Starting back - come and join us!

For tea, chatter, cake and a talk by David and Pauline Hatrey on their Holy Land trip.

Everyone most welcome. Friday 16 September 2.30pm - 4.00pm.

Ruth Tidball and Delyth Wride

Holiday at Home

Holiday at home was a real joy. We started off with craft and some very in-depth conversations with Diana. We made a Tree of life which we were all very proud of. David and I did the bingo and David did a great quiz with some very interesting questions and being one of the helpers at holiday at engendering some fun rivalry between the teams. We only had one gentleman for board games but we loved his company and listening to his life stories and then our Roger Forsey



Wish you were here



joined in and great times ensued. Rough round the edges and Ana on the fiddle finished the time with raucous renditions of sea shanties and local songs and everybody joined in the choruses and made a joyful sound. Lastly the food, well what can I say a beautiful tasty lunch each day and tea, coffee and cake on tap. A truly memorable 2 days and personally I can't wait

for

next year. A huge round of applause to all those who made it

possible. Also, thanks to all who came the feedback was amazing thank you. Suzie Williams

Holiday Makers Feedback.

An enriching, cosy, warm experience which brings the church to the heart of the community. It really was good. I really enjoyed it.

Stimulating.

I came for the lunches and I enjoyed it.

It was really great; I especially loved the Bingo.

It was a very good social occasion.

It was lovely to do something different. The food was great.



Pudding Party at the Rectory

On a warm summer's day a good number of the Benefice enjoyed a delicious assortment of Puddings in the Rectory Gardens. It was good to be gathering here once again and to see how well Ana and Kevin had kept the garden looking good, the pond in particular looked lovely. Thank you Kevin and Ana for your hospitality. Roger H



Ripple Effect Event July 2022

On one of the hottest days recorded in the UK Sandra Gristock (Walton) and I attended this event at Glebe Farm, Pitney. As we travelled the sky became overcast, providing some respite from the heat, a brief rain shower followed which was just enough to dampen the dust. This served to remind us of the climate changes being experienced, not just in the UK, but across the globe. The event showcased the work of the charity Ripple Effect (formerly Send a Cow) which Kevin wrote about in May. Bishop Ruth, introducing the session, spoke about the Diocesan commitment to the environment and addressing the climate emergency with funding to enable Churches to work towards Carbon Net Zero.

Rob Walrond, Diocesan Rural Life Advisor, farms Glebe Farm; it has been in his family for 200 years and has now been managed organically for 20 years. He talked enthusiastically about the importance of soil but reflected on how changes in weather patterns are affecting farming in Somerset. Blocks of weather are causing problems, washing soil away when it rains and, following

Ripple Effect works in 6 countries, Burundi, Ethiopia, Kenya, Uganda, Rwanda and Zambia. Gloria Nimpundu, Country Director, R.E. Burundi, spoke to us via video link, about how climate change is affecting the farming families in Burundi. Among the challenges they face are land degradation as in the UK, lack of water and increase in pests and diseases. Malnutrition is widespread, Ripple Effect shines a light on child hunger and supports families to grow crops to provide sufficient, nutritious food.

The Christian Faith underlying all that Ripple Effect does was evident from all those who spoke. If you would like to know more see their website <https://rippleeffect.org/about/>

A prayer

We Pray for the work of Ripple Effect.
Praise God For the abundance we have here in the UK. Pray that we would never take what we have for granted. Pray too that he would give us generous hearts to share what we have.

Susan Ripley (Street) SWCD Eco Church Group

Great Big Green Week



The Great Big Green Week 24 September-2 October is a celebration of community action tackling climate change and protecting nature. It gives us an opportunity to demonstrate to the local community our commitment to protecting creation. Subject to PCC approval we are planning a litter pick at Woods Batch Park on Sunday 25th September at 2.30-3.30 followed by Tea and Cake at the Mission Church. This will also be an opportunity for us to show people the Mission Church solar panels.

Suzie Williams (Street) SWCD Eco Church Group



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Manna

Harvest – a time for generosity

September is the time of year when we celebrate Harvest, or Creationtide - a time to reflect on God's generous provision and an opportunity to consider how generosity is being cultivated within each of us.

This is particularly important right now, as we witness the growing needs in our churches and communities, so this is a timely opportunity to reflect on our own experience of that generosity and consider how we can help.

To enable this, the national church has created an excellent resource for churches and individuals – **Generosity Week**.

Gary Watson, Lead Giving and Funding Adviser says, "Generosity Week is a fabulous opportunity to reflect, either individually or together, on the generosity we've experienced from God and that which we see in ourselves and others. What we do in response to that has incredible power to change lives and situations because generosity is so contagious! I'd encourage all churches to run a Generosity Week each year and even if your church isn't able to be involved you can still personally join in with the national church week online."

Generosity Week kicks off on Sunday, 25 September with a national online Eucharist to celebrate generosity. Throughout the following week, daily reflections and podcasts will be available to help us consider the different facets of generosity and the week ends with a final Eucharist of thanksgiving on 02 October. Church resources, including resources for children and young people and ideas of how to celebrate generosity in our wider community can be found at

churchofengland.org/generosity-week or look out for
#GenerosityWeek on your social media channels.

News in brief

Lambeth Conference 2022

Bishop Michael and Bishop Ruth were in Canterbury in August, attending the Lambeth Conference, the once-in-a-decade gathering of around 650 Anglican bishops from 150 countries. Bishop Michael took the opportunity to meet with the bishops attending from our link dioceses in Zambia, a number of whom visited Bath and Wells in the run up to the conference. In a joyous closing service for the conference, Justin Welby, Archbishop of Canterbury said, "Go in peace as God's church to love and serve God's world!" [Find out more at: bathandwells.org.uk/lambeth-2022](https://bathandwells.org.uk/lambeth-2022)

A chaplain for older people

In July, Wendy Haslam was commissioned as an Anna Chaplain at Wells Cathedral. As well as fulfilling her role of helping older people reflect on their spiritual journey, and to act as an advocate for the needs of older people in church and beyond, it is hoped she can help grow the ecumenical network of Anna Chaplains in Bath and Wells.

Anna Chaplaincy seeks to accompany and be with older people of all faiths, cultures and spiritualities in their later years. It is person-centred and offers spiritual care to all. Anna Chaplaincy is a rapidly growing network, enabling and inspiring ministry with older people, within and beyond churches. [Find out more at: bathandwells.org.uk/anna-chaplaincy](https://bathandwells.org.uk/anna-chaplaincy)

A fresh start

Approval has been given for new Church of England school to open on the Misterton School site, near Crewkerne, following its closure in July 2022.

The Bath and Wells Education team will work with Somerset County Council to support the development of therapeutic education provision at Misterton, where vulnerable children will be able to re-engage with education.

Bishop Ruth says, “We hope and pray that the care and education that the children receive at the centre will help them, and their loved ones, enjoy a much brighter future.” bathandwells.org.uk/misterton

The Wonder of Harvest

By Alistair Redfern, Honorary Assistant Bishop, Diocese of Bath and Wells

In a simple sense harvest is about receiving – receiving the gifts provided from the fruits of the Earth on which our lives depend for survival. Harvest is also about giving – giving thanks for such wonderful and vital resources to provide us with what we need to live day by day.

But, of course, what we receive through the wonder of harvest does not just happen! Human beings who benefit from harvest have to contribute significantly to growing, pruning, fertilising, collecting and distributing the produce. We share in the creation as well as in the fruits.

This deep truth should remind us of a number of important factors around receiving and giving:

- each human life is received from the miracle of Creation, and is called to play a part in enabling this creation to produce the fruits that sustain us all – food, fellowship, dreams and hopes.
- We receive guidance in how to fulfil this primary purpose in our lives through the teaching and example of Jesus Christ.
- the key is partnership and participation - we are part of one body, with one Head. This is my body: do this in remembrance of me.
- The fact of sin and selfishness means that millions of God’s children don’t receive a fair share of God’s harvest and are left hungry and struggling.

Harvest is the time for giving:

- giving thanks to God for our creation, and for our calling to play a part in the whole of the creation being fruitful.
- giving careful consideration to our failings to work harder for the inclusion of the excluded.
- giving priority to crafting actions which will enable a fairer sharing of the miracle of the harvest.

Harvest is a good time to go to church – let us join others in giving thanks, confessing our failings, and being joined in a universal body that seeks to include all God’s children in the sharing of the fruits of the Earth. Give thanks, confess, commit to making a difference – and be part of our public witness for Harvest and Giving.

Every blessing

Bishop Alistair

With God’s help

Revd Kevin Wright has witnessed generosity in action since he became Rector of The Benefice of Three Saints in 2019.

How have you witnessed generosity in your church?

Having arrived here in March 2019, I was just getting my head round things when the pandemic hit. My predecessor and his then treasurer had the vision to encourage generosity and to encourage the church family to donate via standing order but unfortunately with limited success, now most give regularly by this method.

What changed?

It was a combination of factors. A new face making the request can help get the message across and we also made clear that we were requesting donations to our Church Life Fund, that the money donated would be spent on keeping the church family going by supporting

mission and ministry, and I think that helped. The pandemic also had an impact as people appreciated our online ministry and were mindful that they couldn't donate in person. The whole process was underpinned with prayer.

So have people been more generous?

Yes. We have moved from being in a position of struggling to pay all our parish share, the pot that all churches contribute into to pay for ministry and mission across the diocese as a whole, to being in a position to be able to pay for more than we are asked for which is wonderful.

What about your church buildings?

Unfortunately, it isn't all good news. Like many churches, we are still struggling to pay the bills for our church buildings, which rely on separate accounts. But I give thanks to God for the committed church family we have here, for their incredible generosity and for the position we are in.

If your church is looking for advice or support on giving go to:

bathandwells.org.uk/giving-and-fundingcomms

You'll Ask God To Bless Them

'WALK IN LOVE, AS CHRIST ALSO HAS LOVED US.'
Ephesians 5:2 NKJV

Walking in love and forgiveness is difficult on several fronts.

1. It goes against your carnal nature.
2. There's a chance others may never know you forgave the offence.
3. Your heart could break as you watch God bless the offender in answer to your prayers, as if they'd never sinned against you in the first place.

John Calvin pointed out that praying like this 'is exceedingly difficult', and early Church theologian John Chrysostom called it 'the highest summit of self-control'. The Bible says Job's suffering ended and his prosperity was restored once he was able to pray for those who'd become a thorn in his side (Job 42:10). When you pray this way you put into practice the words of Jesus in His famous Sermon on the Mount: 'Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you; that ye may be the children of your Father which is in heaven' (Matthew 5:44-45 KJV). That's Christ's standard of forgiveness, and it's a high one.

Maybe you're wondering how anybody could possibly live that way. Look at the life and death of Stephen, the first Christian martyr. Even while his enemies were stoning him, he prayed, 'Lord do not hold this sin against them' (Acts 7:60 NIV 2011 Edition). Therein lay one of the secrets of Stephen's great effectiveness.

True forgiveness is the medicine that heals the deepest emotional wounds. It closes the door on the past, and gives you grace and motivation to move forward and enjoy the life God wants you to live.

From the daily readings in 'The Word for Today'. This booklet of devotional readings is published every three months and is available free of charge through the generosity of supporters, from: UCB Operations Centre, Westport Road, Stoke-on-Trent, ST6 4JF. Tel: 0845 60 40 401. Email: ucb@ucb.co.uk

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